



The Ultimate Uplevel

Module 4: SOUL-INSPIRED PROFESSIONAL GOALS

Here we learn how to create easeful, inspired, and aligned business goals that allow you to be in focus and full expression of your core gifts.

Main topics include:

- How to craft core-gift infused, aligned and inspired business goals
- Defining your wildly impossible goals
- Mapping your goals over the next four quarters

Watch the Video HERE: <http://shantipax.com/membership-login/>

Setting Your Professional Goals

Consider your responses from Modules 1-3:

- What you want to sustain and improve in the next 12 months from the previous 12 months
- Your definition of success, 10-year vision, 1-year vision, and emotions
- Your core gifts, inspired action/non-action, mediums, target audience, and focus

“Aim for the moon. If you miss, you may hit a star.”

-W. Clement Stone



What themes can identify? What are the common threads for your professional life?

Defining your wildly impossible goal

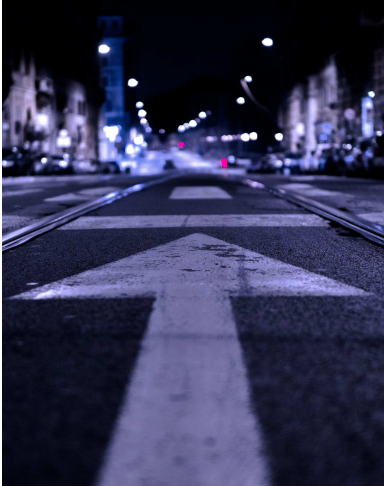
If you had no fear at all, what one or two crazy goal(s) would you set for the next 12 months?

Mapping your goals over the four quarters

What are the (no more than) 5 ongoing goals that you have for the next four quarters:

“If you can dream it, you can do it.”

-Walt Disney



What are the other life events (that you know of today) that will require your bandwidth over the next four quarters? Consider this as you craft and map your goals.

2019 Q3

2019 Q4

2020 Q1

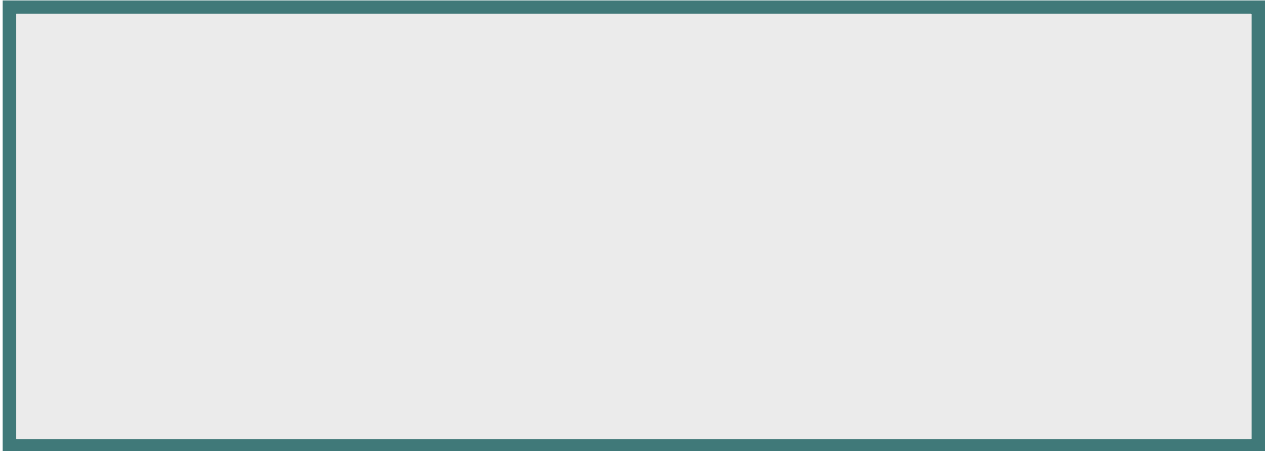
2020 Q2

“The future belongs to those who believe in the beauty of their dreams.”

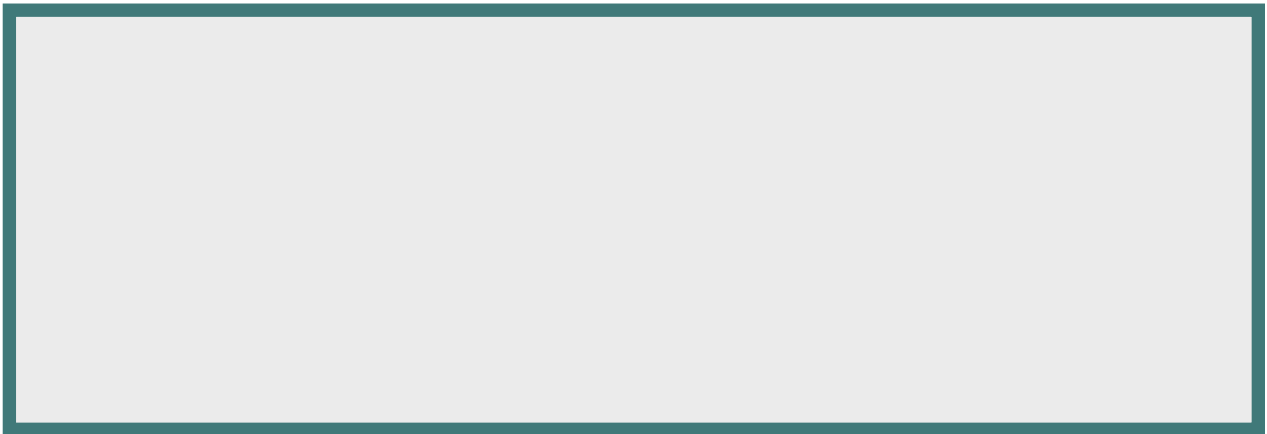
-Eleanor Roosevelt

Use the answers above to fill in the answers on the next two pages.

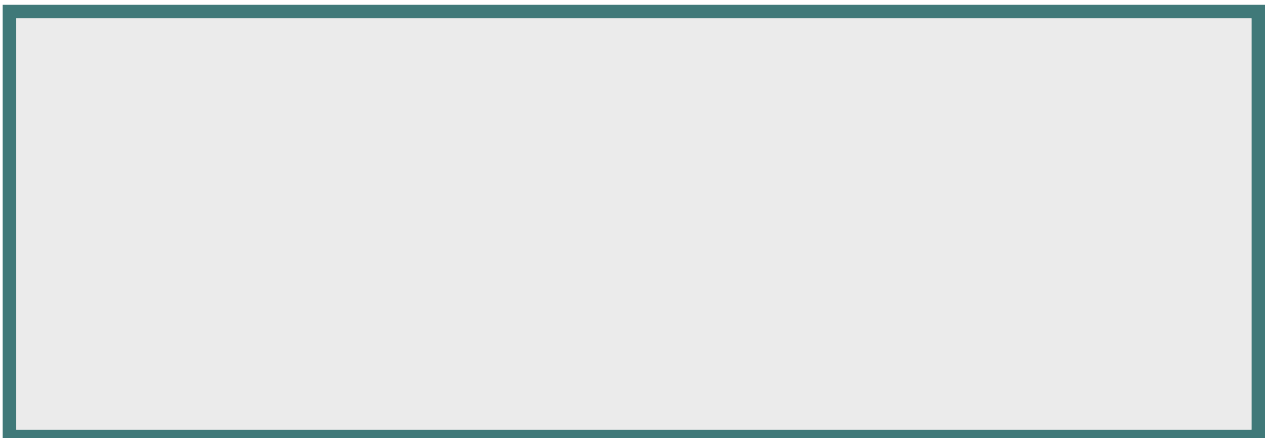
My ongoing professional goals for the next 4 quarters:



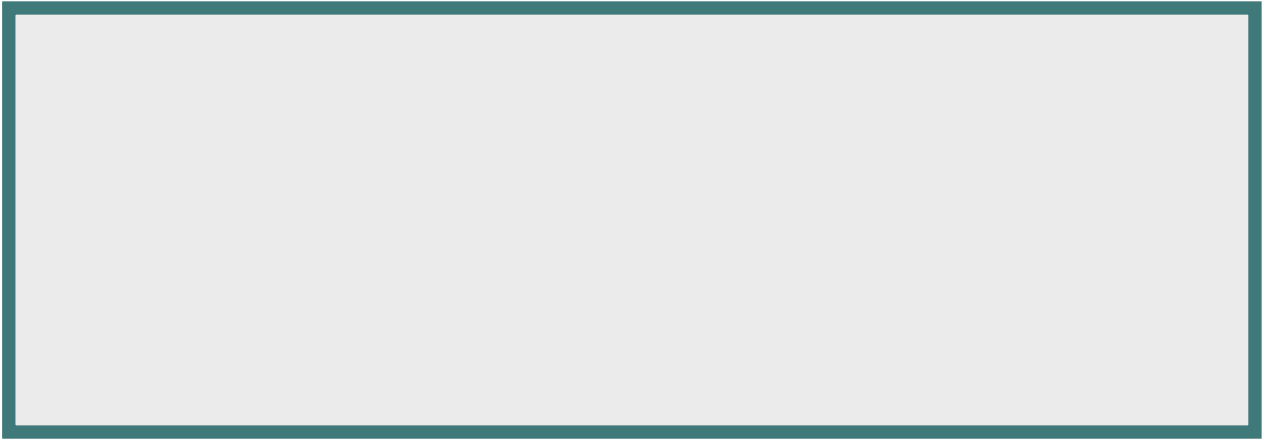
My top 3 professional goals for 2019 Q3 (Jul, Aug, Sep):



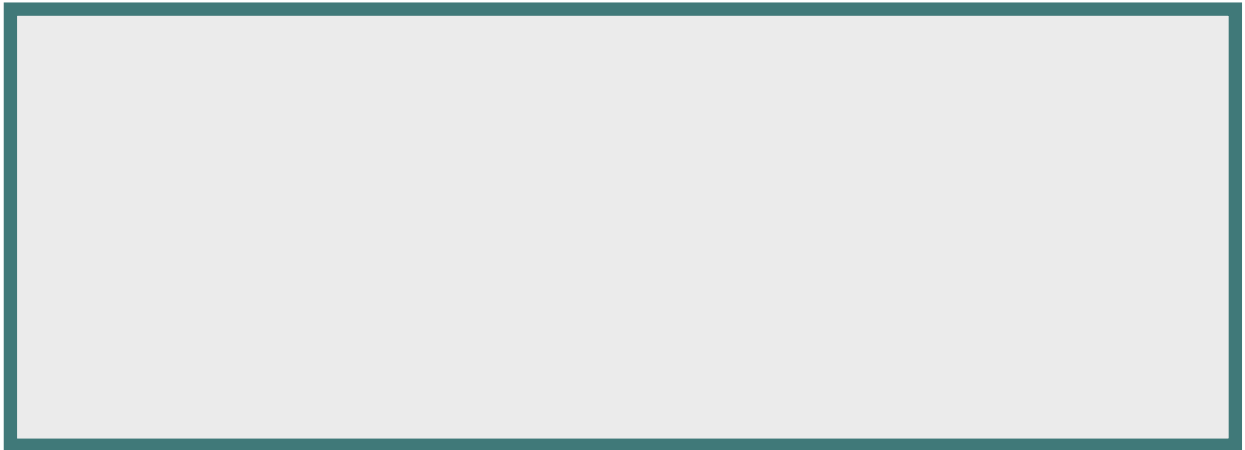
My top 3 professional goals for 2019 Q4 (Oct, Nov, Dec)



My top 3 professional goals for 2020 Q1 (Jan, Feb, Mar)



My top 3 professional goals for 2020 Q2 (Apr, May, Jun)



My wildly impossible professional goal(s):

