



# The Ultimate Uplevel

## Module 2: DEFINING SUCCESS

Here we define what success looks and feels like in 12 months and beyond. We describe in detail what we want our world to look like in summer 2020.

Main topics include:

- Choosing your theme word(s) for 2019-2020
- Crafting the 10-year vision for your life and business
- Choosing your definition of success for the next 12 months

Watch the Video HERE: <http://shantipax.com/membership-login/>

Then, complete the worksheet below.

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*"Words can inspire. And words can destroy. Choose yours well."*

-Robin Sharma

### 1. Choosing your theme word

What theme word(s) did you receive from your heart for the next year for your personal + professional life?

Why do you think it came to you? Why do you need it?



If your theme word(s) is new or you received it in January, how can you start to or better incorporate it into your:

Business?

Personal Life?

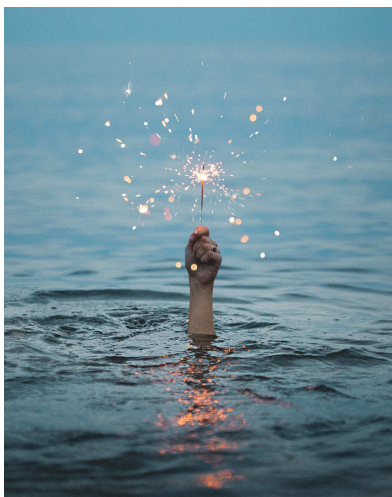
What can your theme word(s) tell you about how to define success in the next 12 months?

## **2. Your 10-Year Vision**

Looking back, what plans and intentions were you making for the future ten years ago in May 2009?

*"If it doesn't scare you,  
you're probably not  
dreaming big enough."*

-Tory Burch



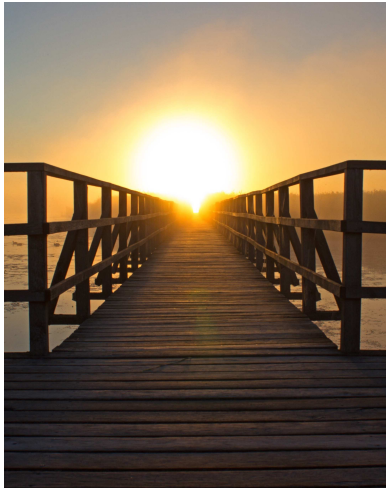
What can you learn about those plans and intentions regarding how they guided you to where you are today?

Considering the emotions you listed in Module 1 when you were thriving, visualize yourself in 10 years fully immersed in those emotions in your business, what do you see?

Where are you? What are the circumstances? Who are you with? What are you creating? What are the mediums? What additional emotions are present?

*"You may encounter many defeats, but you must not be defeated."*

-Maya Angelou



When you visualize what you're doing 10 years that fully immerses you in the feeling of these emotions in your personal life, what do you see?

Where are you? What are the circumstances? Who are you with? What are you creating? What additional emotions are present?

### **Your definition of success for 2019-2020...**

Consider the emotions from Module 1 and present in your 10-year vision. When you visualize what you're doing in 12 months that fully immerses you in the feeling of these emotions in your business, what do you see?

*"Words are containers for power; you choose what kind of power they carry."*

-Joyce Meyer



Where are you? What are the circumstances? Who are you with? How does it support your 10-year vision?

When you visualize what you're doing in 12 months that fully immerses you in the feeling of these emotions in your personal life, what do you see?

Where are you? What are the circumstances? Who are you with?

*"Only do what your heart tells you."*

-Princess Diana

**Use the information above to craft pages 1 and 2 of your plan.**

**For your definition of success, consider starting with the phrase: "I spend my days..."**

**This Plan Belongs to:**

**My theme word(s) for 2019-2020:**

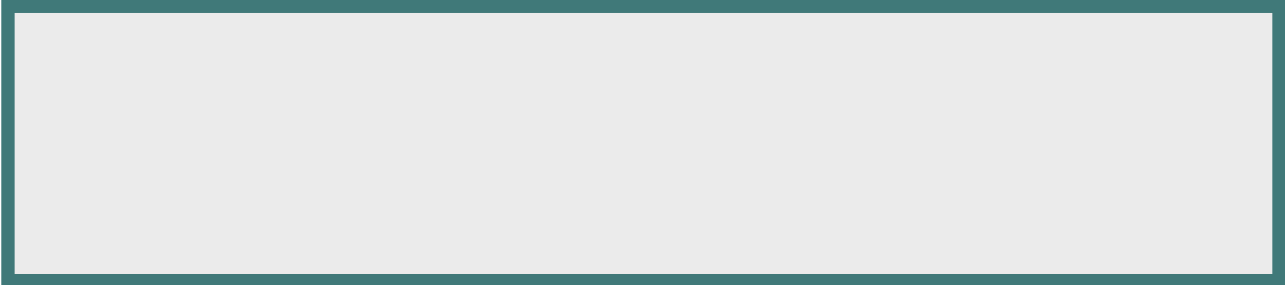
**My definition for success for the next year is:**

**Business:**

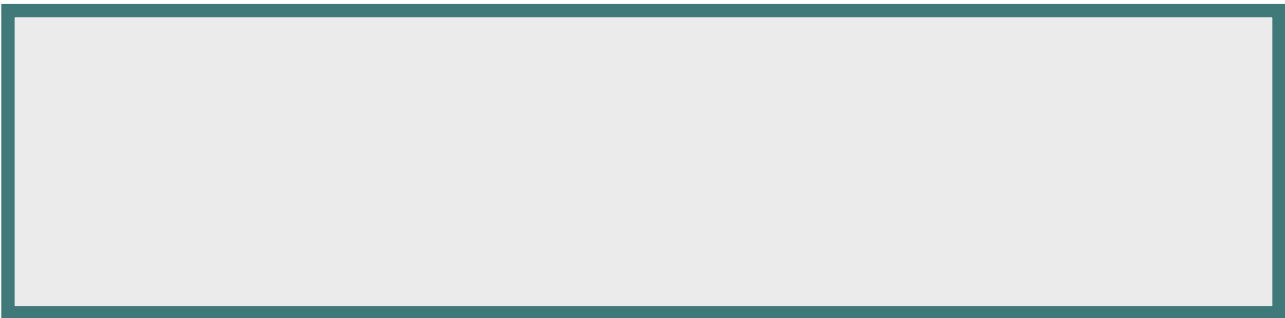
**Personal life:**

**My 10-year vision is:**

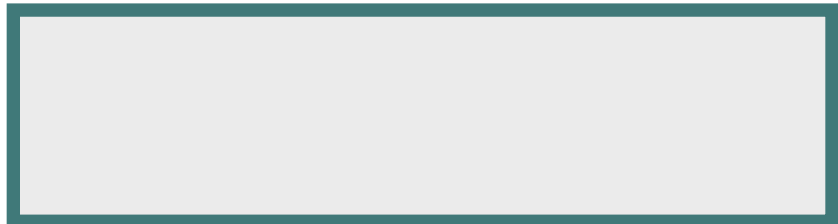
**Business:**



**Personal life:**



**The emotions I most want to feel today + beyond is:**



**This is what my life looks like in Summer 2020:**

